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ABSTRACT

Although they may be reflected in professional guidelines, formal standards, or law, ethics are not static codes. They are an active process by which the individual therapist or counselor struggles with the sometimes bewildering, always unique constellation of questions, responsibilities, contexts, and competing demands of helping another person. This book serves as a guide to ethics in counseling. Contents are: (1) "Helping without Hurting: Enhancing Ethical Awareness"; (2) "Ethical and Legal Codes and Complaints: Historical, Actuarial, and Empirical Foundations"; (3) "Trust, Power, and Caring"; (4) "Common Misperceptions that Interfere with Ethical Practice"; (5) "The Human Therapist"; (6) "Asking Questions: A Case Study in Questioning Claims from the Recovered Memory Controversy"; (7) "Beginnings and Endings, Absences and Accessibility"; (8) "Informed Consent and Informed Refusal"; (9) "Assessment, Testing, and Diagnosis"; (10) "Sexual Relationships with Clients"; (11) "Nonsexual Multiple Relationships"; (12) "Cultural, Contextual, and Individual Differences"; (13) "Maintaining and Waiving Confidentiality"; (14) "Responding to Suicidal Risk"; and (15) "The Supervisory Relationship." Appendixes include: (A) "Ethical Principles of Psychologists and Code of Conduct"; (B) "Patients' Mental Health Rights"; (C) "Ethical Guidelines for Professional Care in a Managed Care Environment"; (D) "Sample Informed Consent Form." (EMK)

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